

Intimate Partner Violence

Myths vs. Facts

Myth #1

Abuse Happens Only to Certain People

Fact #1

Intimate partner violence knows no racial, sexual, financial, or class boundaries. An abuser can be a lawyer, doctor, or factory worker. Though not occurring with the same frequency, female spouses or partners can abuse men as well.

Myth #2

Intimate Partner Violence is Rare

Fact #2

According to the National Domestic Violence Hotline, more than 1 in 3 women and 1 in 4 men in the United States will experience rape, physical violence, and/or stalking by an intimate partner.

Myth #3

Intimate Partner Violence is Caused by Substance Abuse

Fact #3

Though drugs and alcohol can play a role, these substances are not the cause of abuse. Abuse has more to do with an abuser's need to have absolute control over the victim.

Myth #4

Therapy Should Be Sought in Abusive Relationships

Fact #4

Marital or relationship therapy in which both parties see a therapist together can make the situation even more dangerous. Both the victim and the abuser need therapy but should be treated separately.

Myth #5

Personality Dictates the Victim

Fact #5

The personality of the victim does not determine whether he or she will be abused. An abuser inflicts harm to assert his or her total authority over the victim and the relationship. Anyone can become a victim.

Myth #6

The Abuse May Not Be Repeated

Fact #6

Part of the cycle of abuse includes a period in which the abuser may apologize for his or her actions and promise to change. By staying in the relationship, the victim will continue to be at risk.

CONNECT WITH RESOURCES

Resources and assistance are available to all Mauser Packaging Solutions employees and members of their household through our benefit programs.*

U.S.: THE HARTFORD: Enhanced Ability Assist[®] - Employee Assistance Program (EAP)
Call toll free 1-800-327-1850 or visit www.guidanceresources.com.

Canada: Manulife – Homewood Health/Santé: Resilience[®] Employee and Family Assistance Program (EFAP)
Call toll free 1-866-644-0326 or visit www.manulife.ca.

*Resources and assistance available regardless of enrollment in healthcare benefits.